

Weekly Homework—Life Skills Maths Time 1

The format of this activity is simple and the it remains the same everyday. This allows students to become familiar with the routine and thereby increase in confidence and independence. Below is a really good you tube clip which shows the method and a link for the resource they use. I have provided a cut out clock you can make and scripted worksheets. Do this for a week or longer, revisit regularly after this to over-learn.

Key vocabulary:

Time

Clock

Minutes

Hours

Please look for opportunities to practice telling the time in this way everyday. If you have an old digital watch let them wear this and keep asking them “what time is it?”. It is also important to link time to events that happen in the day e.g. by saying “it is 12.15 I think we should have some lunch”

<https://m.youtube.com/watch?v=IBBQXBhSNUs>

<https://www.amazon.co.uk/Learning-Resources-Magnetic-Geared-Clock/dp/B004DJ514Y>

Build confidence with the 12 hour clock before moving onto the 24 hour clock.

Time -Life Skills Maths 1



Blue shows hours

Red shows minutes

Black shows seconds—(unfortunately this hand does not move)

Time -Life Skills Maths 1

I have scripted this to make the language consistent

1. blue shows the hours. Let's count the hours (student points with finger)
2. How many hours in a day? (12)
3. Red shows the minutes. Let's count the minutes, it will take too long to do it in ones, let's do it in 5s (student points with fingers).
4. Can we count the minutes in 10s? (student points with fingers).
5. How many minutes in one hour? (60)
6. Now let's tell the time—(adult puts the hands on the clock to show a time)
7. ONE hours (give student blue pen and they write the hour)
8. TWO dots (give student green pen and they do dots)
9. Three minutes (give student red pen and write minutes)
10. What time is it
11. Student says the time (adult models first until no longer necessary)

If you want to record students work take a photo of the clock and their written time.







Time -Life Skills Maths 1—Extension Ideas

At home. What Time did I:

 <p>get up</p>	
 <p>clean my teeth</p>	
 <p>work</p>	
 <p>eat lunch</p>	
 <p>watch TV</p>	
 <p>go to bed</p>	

Time -Life Skills Maths 1—Extension Ideas

At School. What Time did I:

 <p>arrive at class</p>	
 <p>go to assembly</p>	
 <p>have playtime</p>	
 <p>eat lunch</p>	
 <p>work on the computer</p>	
 <p>go home</p>	

Time -Life Skills Maths 1—Extension Ideas

If you like transport - use google maps to plan a journey.
 Cut out the transport images from the page below and
 stick on next to the times given for your journey.

From:	To:
Mode of transport	Time
Arrive at	

Time -Life Skills Maths 1—Extension Ideas

Modes of transport

Mode of transport



car



bus



train



bike



walk



taxi