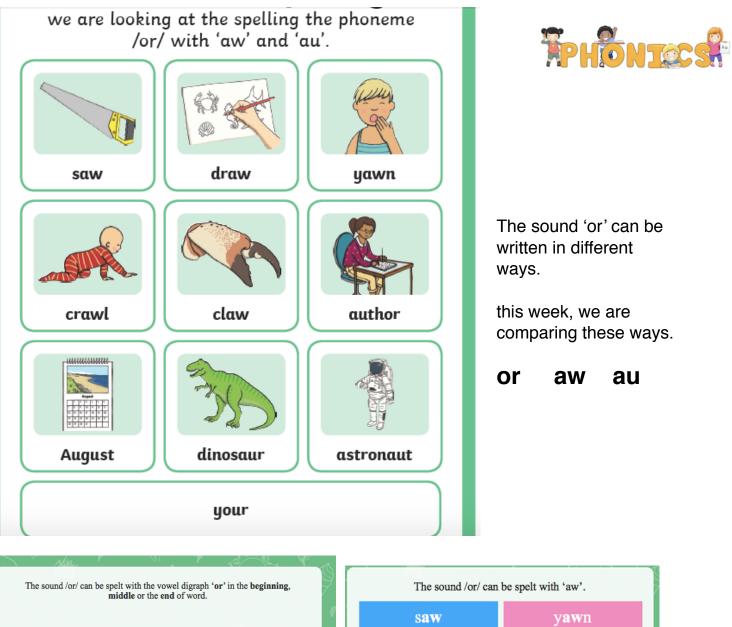
Timetable	Activities for Year 1 : 29th June - 3rd July Colour in 1 star for each completed task. Email me your work or just a message to say hi year1@sjsp.islington.sch.uk					
Spellings & Handwriting ☆☆☆	 Try a worksheet or game from the pack. Watch <u>Mrs Meaker's Phonics</u> on Youtube Online games Phase 4 or 5 <u>www.phonicsplay.co.uk</u> Username: march2020 Password: home Play <u>https://www.bbc.co.uk/cbeebies/shows/</u> alphablocks - fun games to play here for catchup! 					
Maths	Have a look at the worksheets Miss Green has included. Practicee telling the time to the nearest half hour move on to quarter to and quarter past!					
	ctivities - 1. American Football https://family.gonoodle.com/activities/touchdown-dance thers reflection time. <u>https://family.gonoodle.com/activities/forgive-others</u>					
English	Superheros and Superhero pets. Have a go at the activities. Special - linked activity is to make superhero cuffs from loo- rolls, but you could make the characters from playdough and act out your story or make a costume!					
Break	Eat your lunch! Play time!					
🔶 Special	Choose an activity from the Special activities page. Monday = Tuesday = Make superhero cuffs from loo-rolls or card Wednesday = Superhero Sport (page 30) Use the booklet to get templates for other activities					
Story Time	getepic.com try this site if you've run out of books to read. OR ask at school.					
●*/⊕ PE	1. 2. PE Circuit cards bingo 3. Joe Wicks P.E. 4. family.gonoodle					
TAKE SOME THE TO Relact	 ✓ 1. Learn to manage your emotions! Grow and shrink emotions! https://family.gonoodle.com/activities/emotions-grow-and-shrink ✓ 2. Share your learning with me at year1@sjsp.islington.sch.uk. ✓ 3. Write a prayer (see page) ✓ 4. Tell a grown up what you did well and what you could do better. (page) ✓ 5. Write yourself a star award for something you're proud of. (see pages) 					





Monday







horse

score

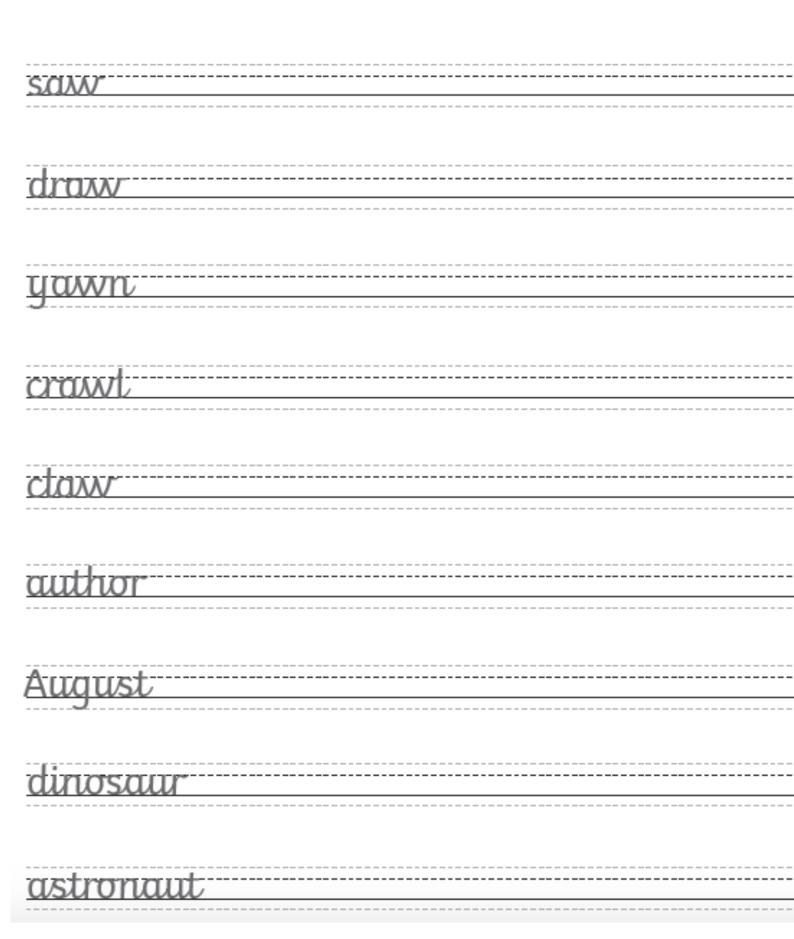
The sound /or/ can be spelt with 'aw'.

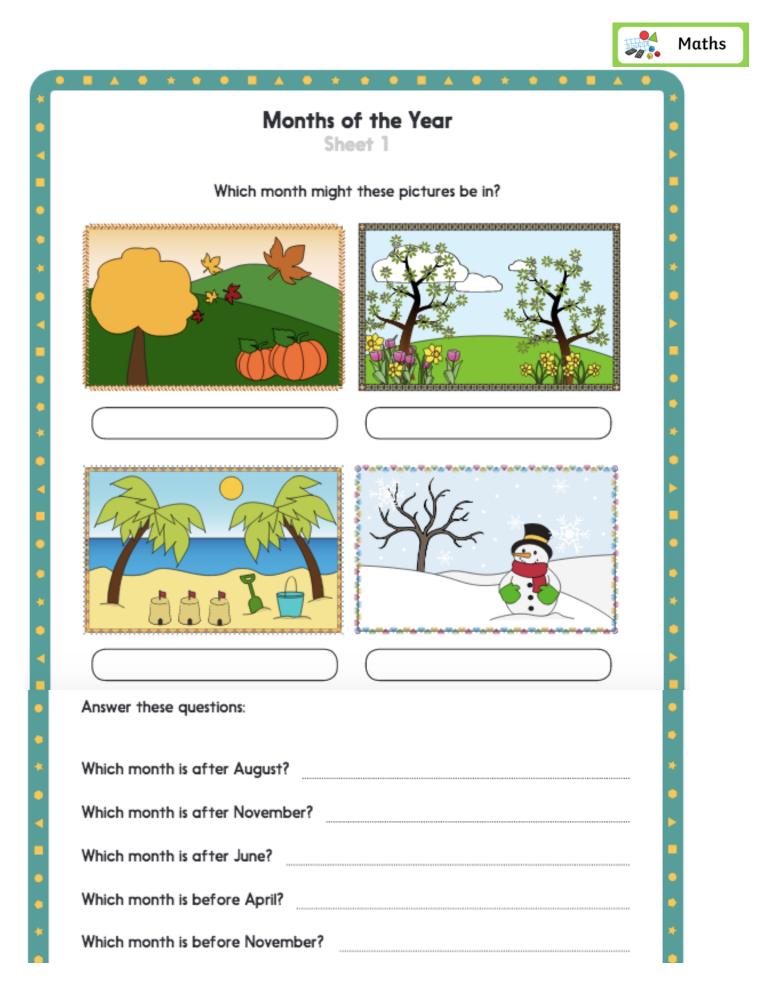
 Saw
 yawn

 Image: spectrum of the spectrum of t

Can you think of any other words?









The children in Mr Will's class have been trying to learn the months of the year.

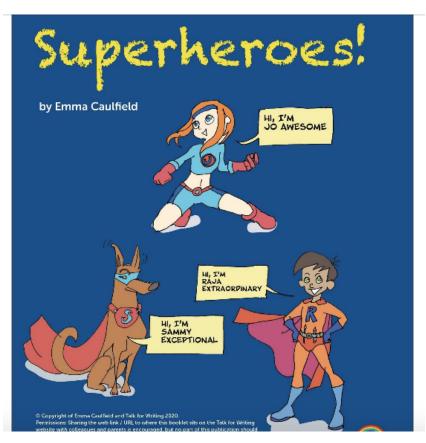
Have they got them in the right order? Have they missed out any months?

Sanjay	James	Freddie	Millie	Sophia	
January February April May June March July August October November December	February March May June July April August September October November	February January March April May June July August October November December September	January February March April May June July August September October November December	January December February March May April June July August September October November	

Who has got it correct? Who is missing months? Can you help these children by marking their work!

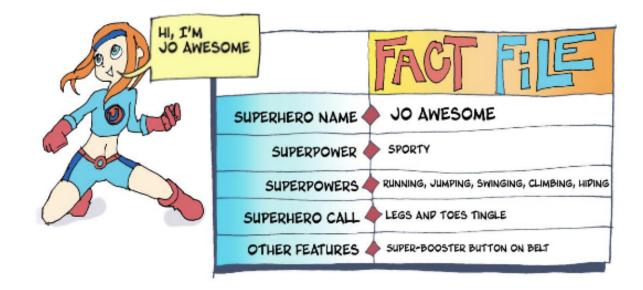
Write out your own list in the correct order to help them learn!





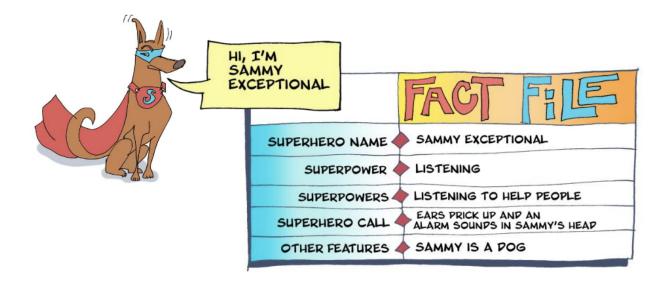
Monday.

Read these fact files together.









You can listen to the stories about the superhero here:

Read along while you listen

<u>https://soundcloud.com/talkforwriting/playground/</u> <u>s-UJObMpzawKu</u>



Playground Rescue

It was an **ordinary** day. Jo was on her own in the backyard, kicking a football into the **makeshift** goal that she'd once scratched into the wall with the edge of a sharp soon. She was dreaming of a time when she would play for the local football team again. Raja was covered in paint. She'd been busy **occupying** her brothers and sisters while her mum tried to get her work done, and Sammy, in the meantime, slept **soundly** in his basket. One of his enormous ears had flopped over his eye, his favourite squeaky bacon toy was trapped beneath a podgy paw and his droopy eyelids **flickered** as he chased wasps in his dreams.

Activity in the local park was ordinary too, or so it seemed. Children played on the playground whilst adults chattered, groups of teenagers were **gathering**, and joggers **sprinted** along the paths.

"HELP! HELP!" came a sudden shout from the playground.

Jo's legs and feet began to tingle. Raja's drawing hand pulled her towards a paint brush and Sammy stretched, turned over noisily and went back to sleep! As Jo and Raja left their home, they changed. Jo Awesome's blue cape glided behind her as she dashed towards the park, **activating** her super-booster to help her get there more quickly. Raja Extraordinary's red cuffs glowed as he desperately held onto the flying paintbrush.

They arrived at the park at the same time, "What's the problem?" panted Jo.

Page 10

"Follow me!" Raja called over he shoulder as the paintbrush dragged her towards the playground.



As Raja and Jo reached the edge of the playground, they could see that a crowd had gathered at the bottom of the spider's web climbing frame. Children giggled and pointed, and adults stared up in silence. "Look!" whispered Jo, nodding her head towards the top of the spider's web.

Raja followed her gaze up to a small, **snivelling** child who was dangling from the top of the climbing frame with one hand, about to fall!

"This one's mind!" declared Jo...

Quick as a flash, Raja painted a mini trampoline which Jo used to bouncer up and over the crowd and then grabbed the child as she somersaulted them both down to safety. With the crowd's whoops and cheers buzzing in their ears, Jo raced home while Raja flew back to her house on the flying carpet she'd painted. Jo returned to ordinary Jo playing keepy-uppy in the back yard and Raja returned to ordinary Raja cleaning up the painting mess she'd left behind.

As for Sammy, an alarm sounded in his head and his ears pricked up. Someone somewhere was crying. They needed to talk and Sammy Exceptional to listen....

Vocabulary challenge



Read each sentence and thing about what the words in **bold** might mean.

- 1. It was an **ordinary** day.
- 2. Jo was on her own in the backyard, kicking a football into the **makeshift** goal.
- 3. She'd been **occupying** her brothers and sisters.
- 4. Sammy, in the meantime, slept **soundly** in his basket.
- 5. His droopy eyelids flickered.
- 6. Groups of teenagers were gathering.
- 7. Joggers **sprinted** along paths.
- 8. She dashed towards the park, activating her super-booster.
- 9. A small, **snivelling** child was dangling from the top of the climbing frame.
 - Now match the word to the correct meaning (don't forget to find it in the sentences above if you're not sure what it means).

ordinary	/ran as fast as they could
makeshift	if you sleep soundly you sleep deeply and don't wake up
occupying	made small, quick movements
soundly	doesn't last long, made because nothing else is available
flickered	sniff and cry because you are upset
gathering	not special or interesting
sprinted /	keeping someone busy
activating	meeting, coming together
snivelling	making something start to work



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	q	d	q	р	α	i	W	е	w	0	
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A	x	0	Z	ο	h	z	j	g	ι	с	۱
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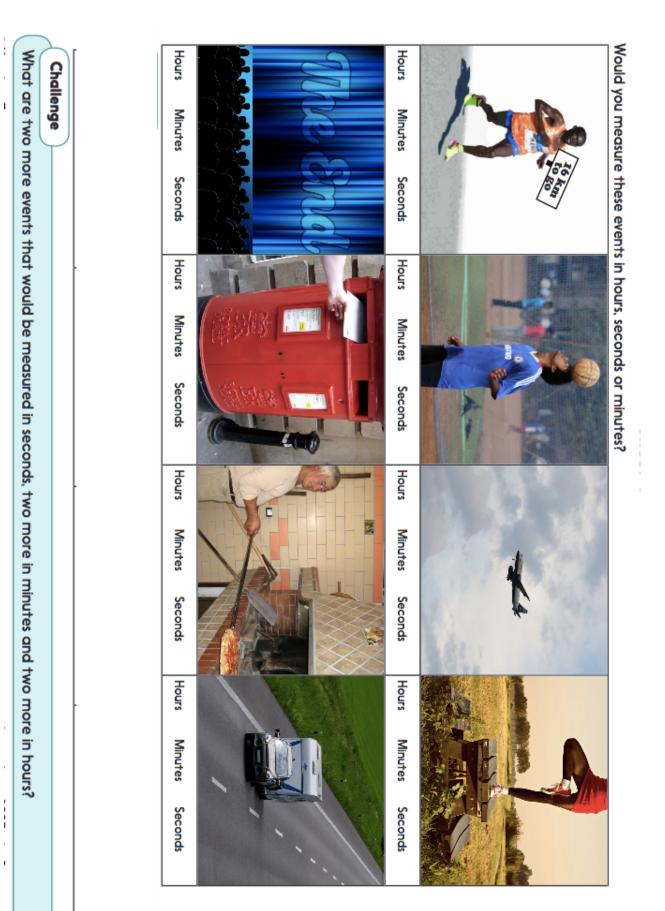
well	dog	thought	take	play	yes	has	two	Look and say	Handwriting Tuesday Tricky Words Learning spellings.
								Look, say and write	First use a tray of rice, sand, cocoa powder to write your spellings Or just rough paper, chalk or felt tip is also fine. Repetition is key!
								Cover and write	

Maths

20 00

Tuesday

Try using a stop-watch to time yourself doing some activities. e.g. walk to school, do 100 star jumps, write your name 20 times.





Read the story again and try answering these questions together with your helper.

- Reading challenge: Can you answer these questions about the story in complete sentences? (Don't forget to read the story again to help you.)
- 1. What is special about Jo, Raja and Sammy?
- 2. The story talks about Raja's family. Who is in her family?
- 3. Describe what you think Jo's house is like.
- 4. A park is the setting for the story. Can you describe this setting?

- 5. How do you think the crowd at the bottom of the climbing frame felt when the child had been rescued?
- 6. Would you like to be a superhero? Why?





PO YOU KNOW THAT EVERYONE HAS A SUPERPOWER -SOMETHING THAT THEY ARE REALLY GOOP AT? SOME SUPERPOWERS ARE INSIDE US AND SOME ARE ON THE OUTSIDE THAT EVERYONE CAN SEE. JO IS REALLY GOOD AT SPORT AND USING HER BODY TO DO THINGS LIKE HIDE AND CRAWL; RAJA IS A BRILLIANT ARTIST AND I'M A GREAT LISTENER.

Creative challenge:

Can you make up a superhero name for yourself?

- 1. Write your first superhero name here (you could shorten your own name or make up a new superhero name):
- Choose an adjective from the list below or think of your own and write it here:

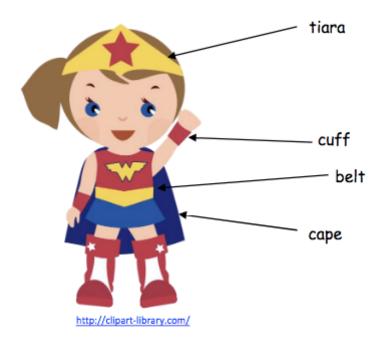
Superhero adjectiv	es	
astonishing	magnificent	superior
excellent	marvellous	supreme
fantastic	remarkable	wonderful
impressive	superb	wondrous
Jo Awesome	Raja <u>Extraordinary</u>	Sammy Exceptional

- 3. Write your superhero names here:
- 4. Now think about your superpower. What are you really good at? Read the ideas below to help you. Write it here:

Superpowers		
sport	playing games	giving hugs
art	general knowledge	making people laugh
music	science	being kind
singing	nature	looking after a pet
lego	cooking	helping
making things	eating fruit & veg	problem solving
taking photographs	caring for people	recycling

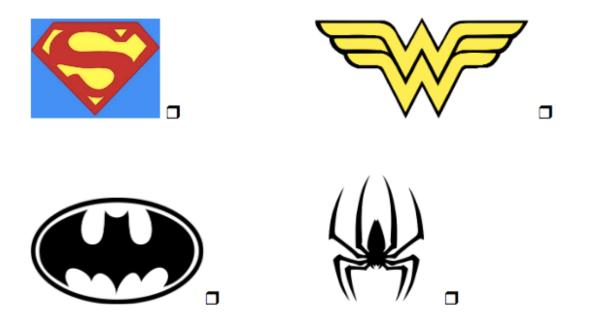


Did you know that most superheroes have capes and some have belts, cuffs and even crowns or hats?



They also have special symbols (shapes) that decorate their clothing and show who they are.

 Here are some well-known symbols. Do you know whose symbols each of these are? Put a ✓ or a ✗ in each box.





• Use the space below to draw your superhero symbol. It could be the first letter of your name or a shape that shows what your superpower is.

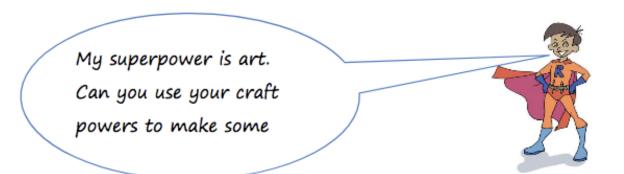


Explain your symbol here. Tell the reader what the image you have chosen represents:

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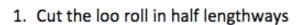


Follow these instructions to find out how to make the cuffs

You will need:

- a loo roll
- pens, paint or something to decorate it
- a pair of scissors
- wool or thick thread

What you do (ask an adult to help you):



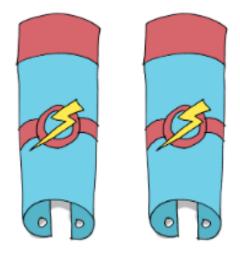


2. Make 2, 3 or 4 holes in each side of the loo roll halves (you must ask an adult for help with making holes).





3. Decorate your cuffs with your superhero symbol.



Ask an adult to help you to put your thread or wool through the holes on your cuffs.



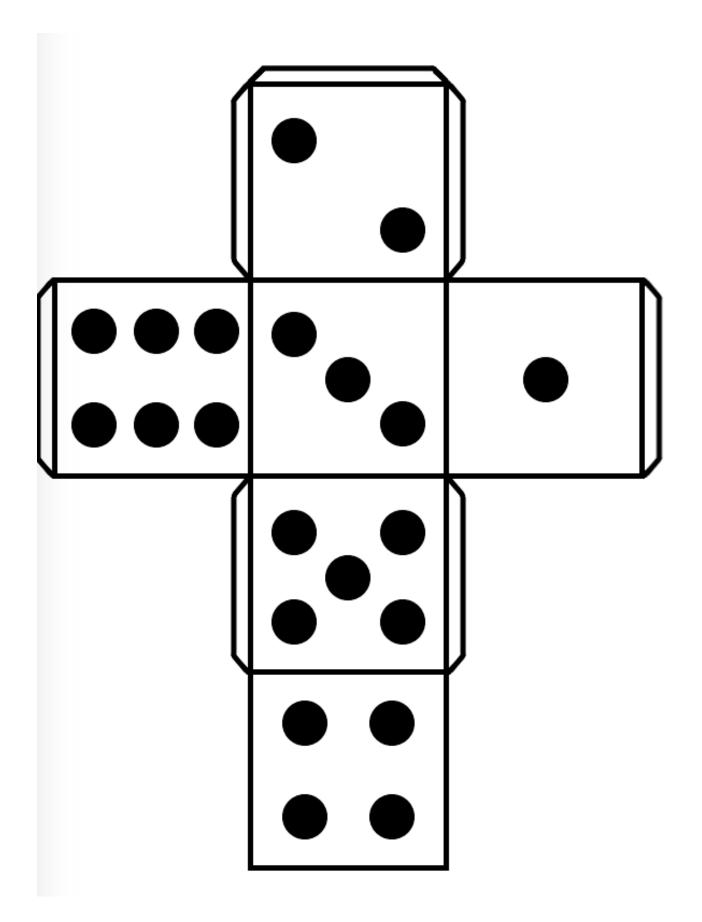
Now put on your cuffs. You will need someone to help you to tie them on using the thread or wool.



Wednesday



Dice template for Read and Roll Game

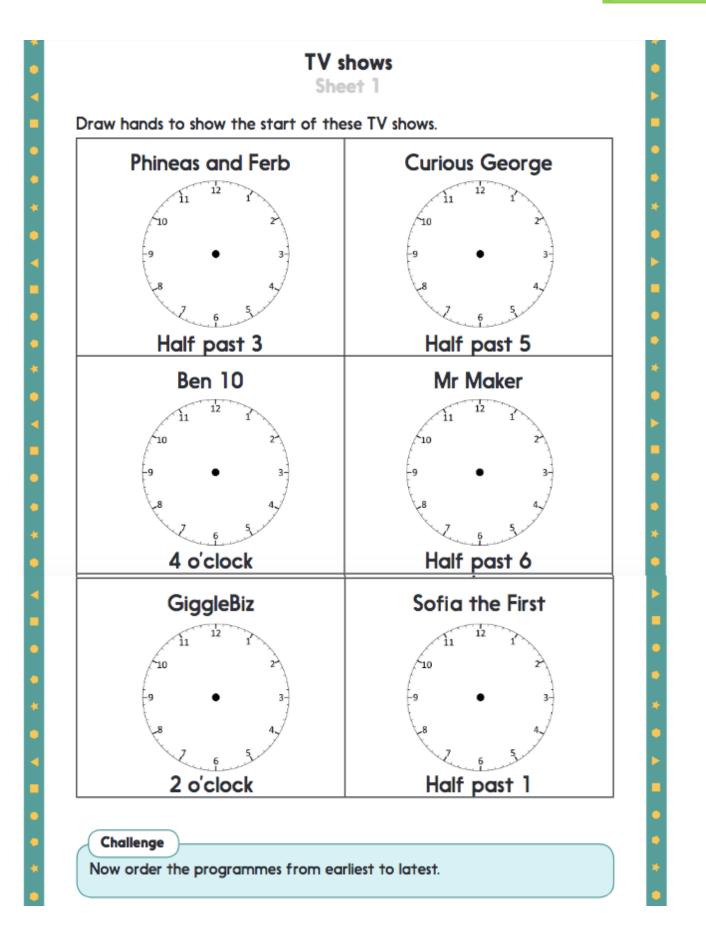


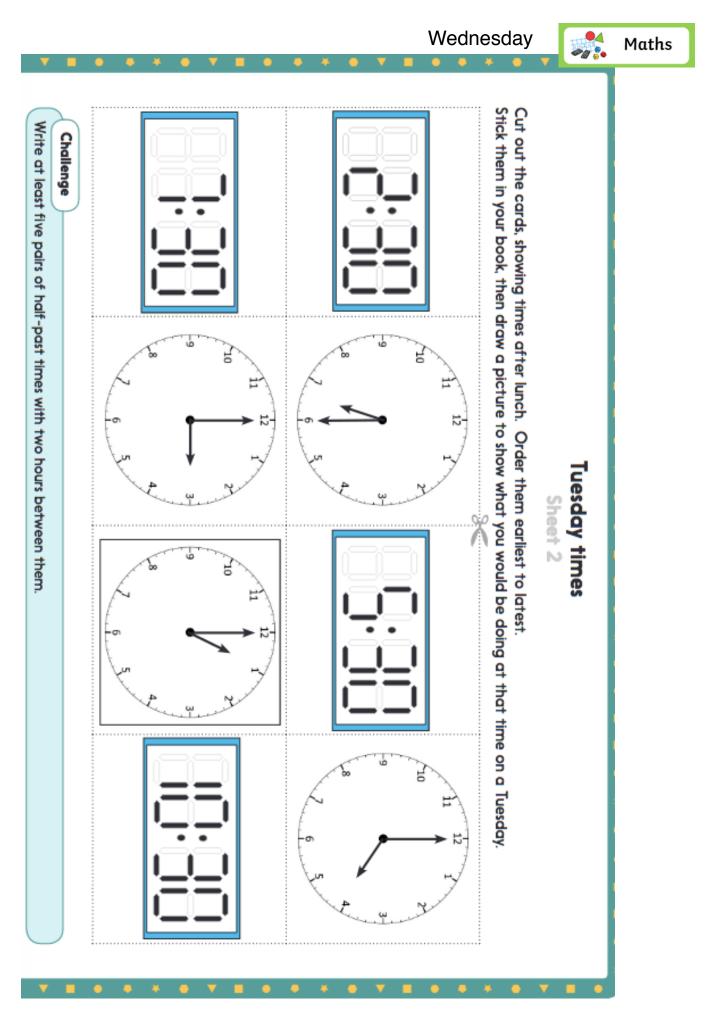
Spare Page

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I	•••	•••	•••	•.	•	•	
	taut	taunt	taut	launch	haunt	taunt	
Phase 5	launch	haunt	haunt	taunt	launch	haunt	
Phase 5 Roll and Read - au	taunt	launch	launch	haunt	taut	launch	
H	haunt	taut	haunt	taunt	launch	taut	
	taunt	launch	taunt	taut	taunt	haunt	

Wednesday

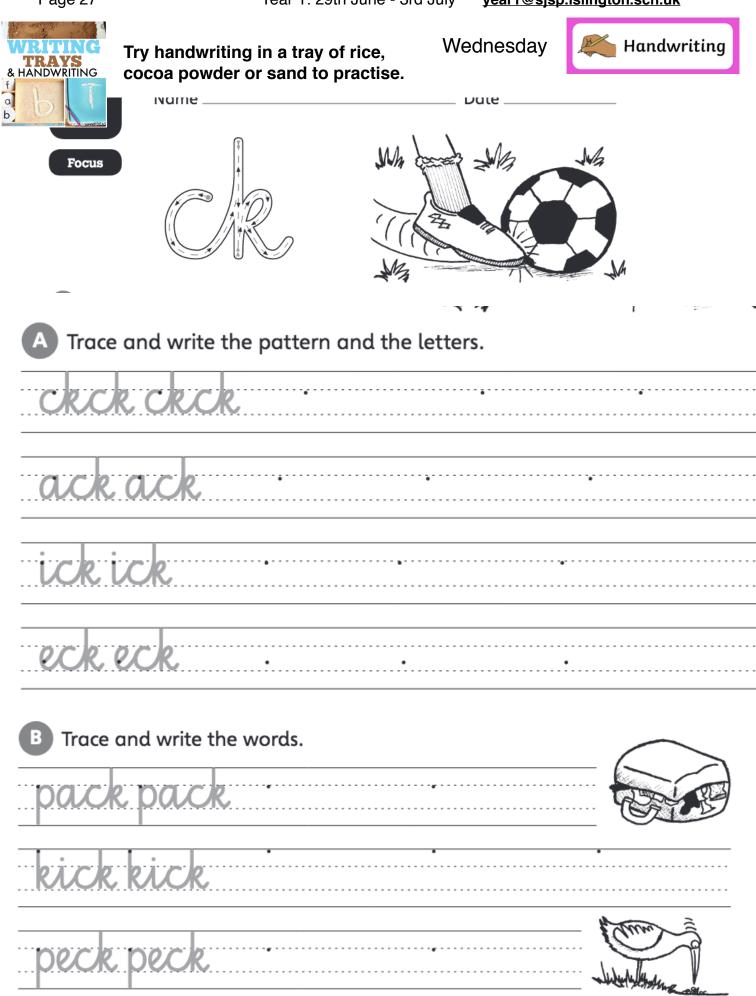




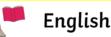


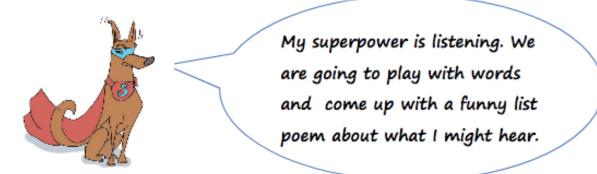
Spare page

Spare page



Wednesday





I've done the first two verses for you. Carry on a write several more verses of your own using the same opening phrases.

With my special ears, I heard a giant whispering in his castle in the sky.

With my special ears, I heard the oak trees talking in a faraway forest.

With my special ears,

1 heard





With my special ears,

1 heard

••••••

With my special ears,



I heard

.....

With my special ears,



I heard

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- Your challenge is to do 20 minutes of moving your body or sport. Here are some ideas of what you could do:
 - ✓ Keepy-uppies with a football
 - ✓ Dance to some music
 - ✓ Sit on a chair and move your feet, then your legs, then your arms and then your hands
 - Go outside for a fast walk
 - ✓ Hit a ball against a wall
 - Play bat and ball with someone
 - ✓ Hula hooping how many can you do in one go?



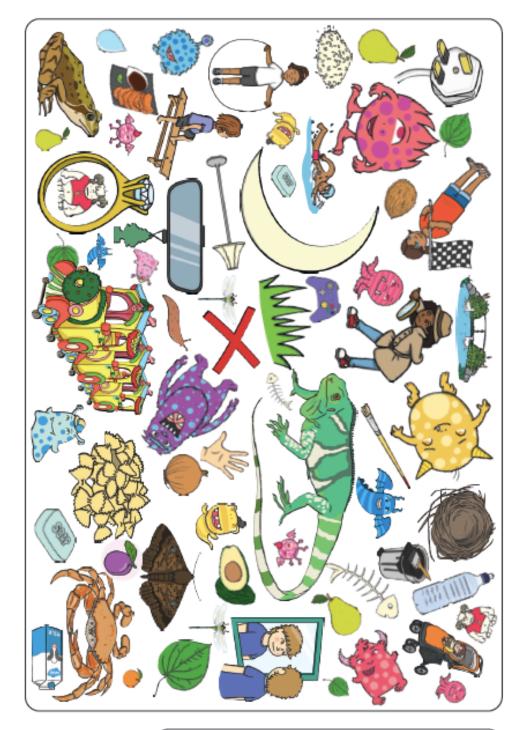
Write down or draw what you did.

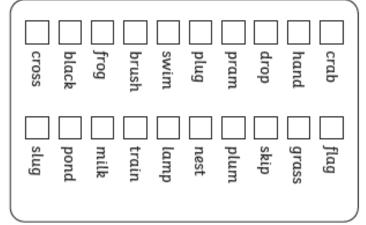


Do you like doing sport? Explain why you do or why you do not like it.



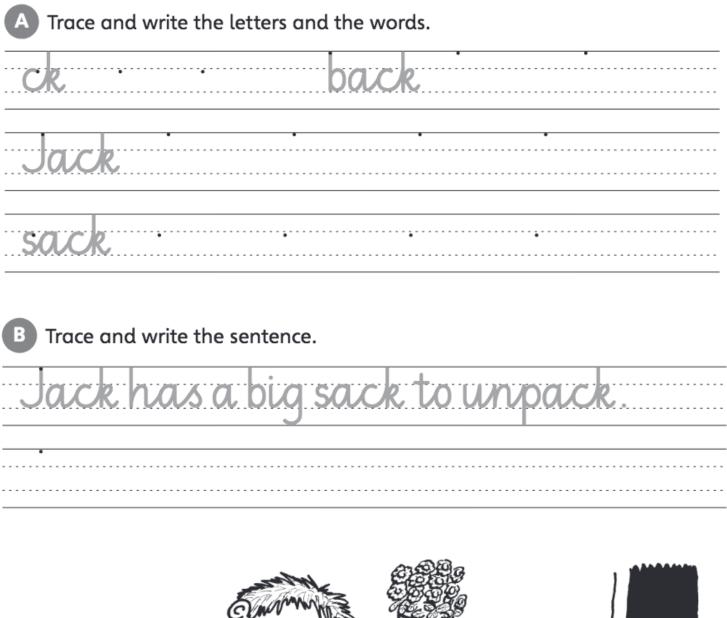






I Spy





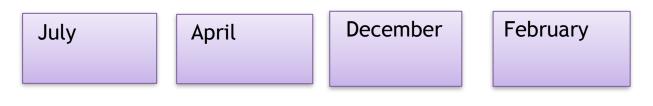




Practice telling the time together using your clock template from last week.

Problem solving and reasoning questions

Write these four months in the order they come in the year. Write the name of the season for each month beside it.



What unit of time would be used to measure how long it takes to....

- 1. Read a picture book?
- 2. Jump up and down three times
- 3. Wait for your next birthday
- 4. Run the length of the playground
- 5. Become a teenager

How many minutes from ...?

- (a) 10:30 to 11 o'clock?
- (b) 3 o'clock to half past 3?
- (c) 12:30 to 1 o'clock?



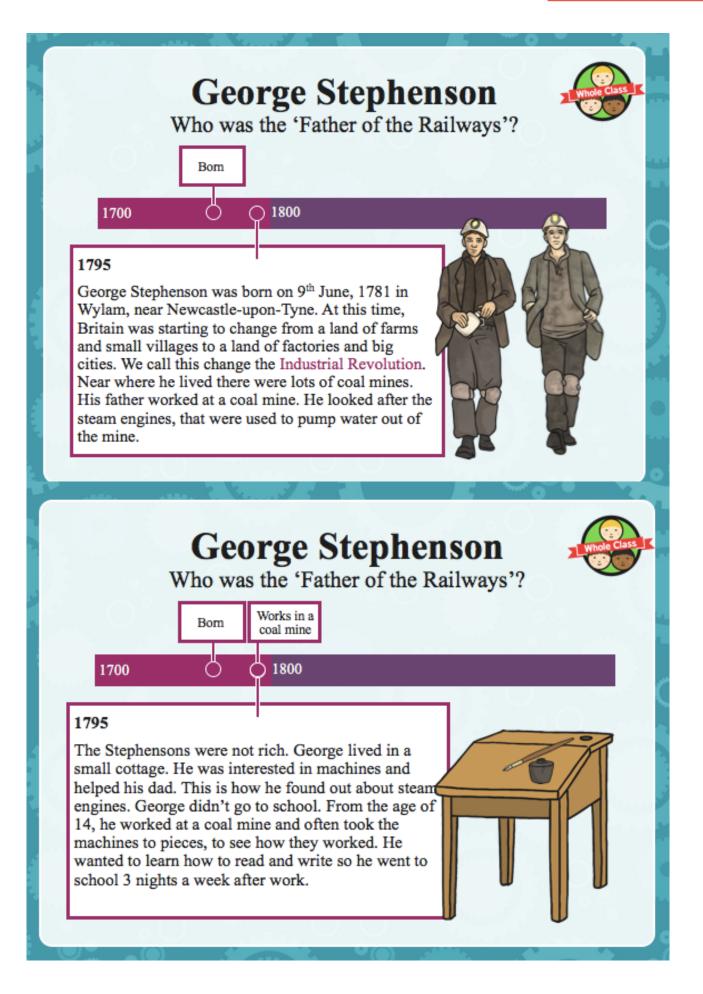
★Your final challenge is to come up with a superhero pet like Sammy Exceptional. Have a think and, when you're ready, do these activities:

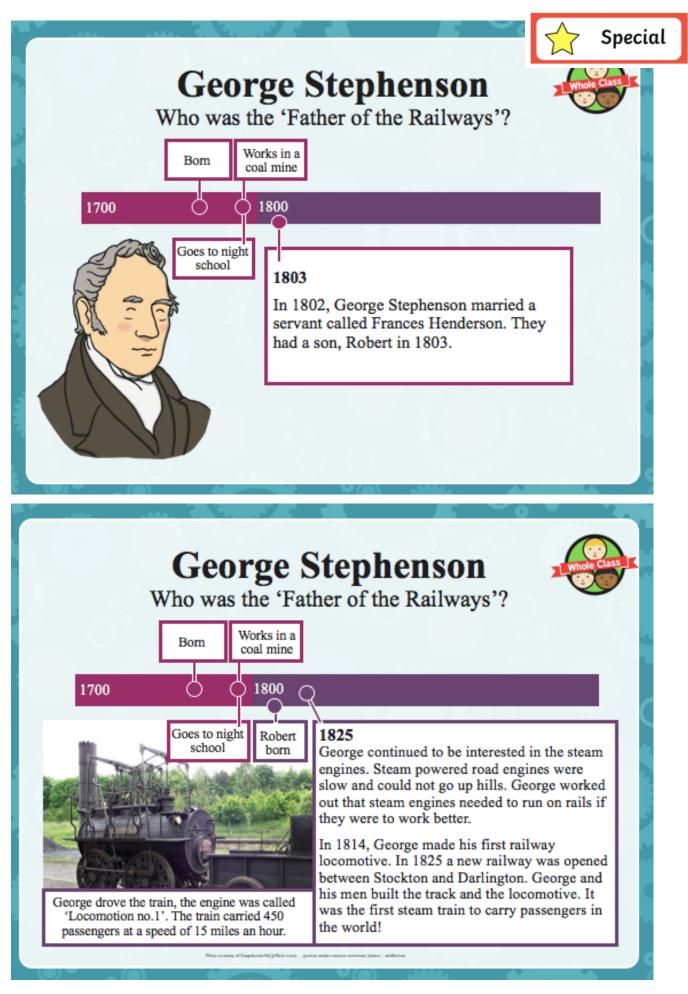
1. Draw and label your superhero pet:

- 2. Come up with a superhero name for your pet.
- 3. Complete this fact file about your superhero pet:

SUPERHERO PET NAME	FACT FILE
SUPERPOWER	
HOW IT HELPS PEOPLE	
SPECIAL CLOTHING	
FAVOURITE SUPERFOOD	
FASCINATING FACT	

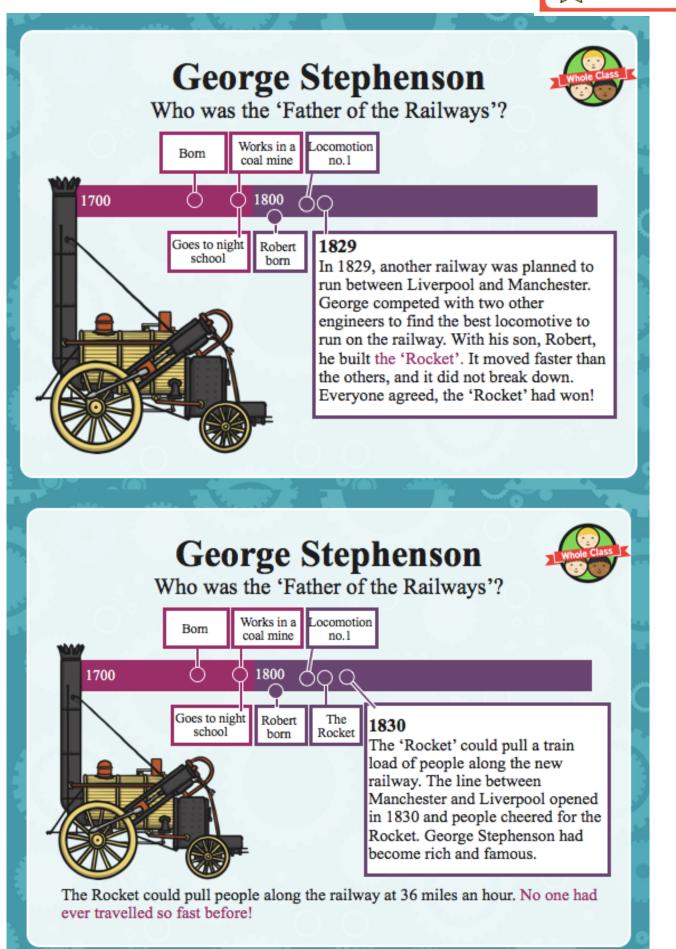


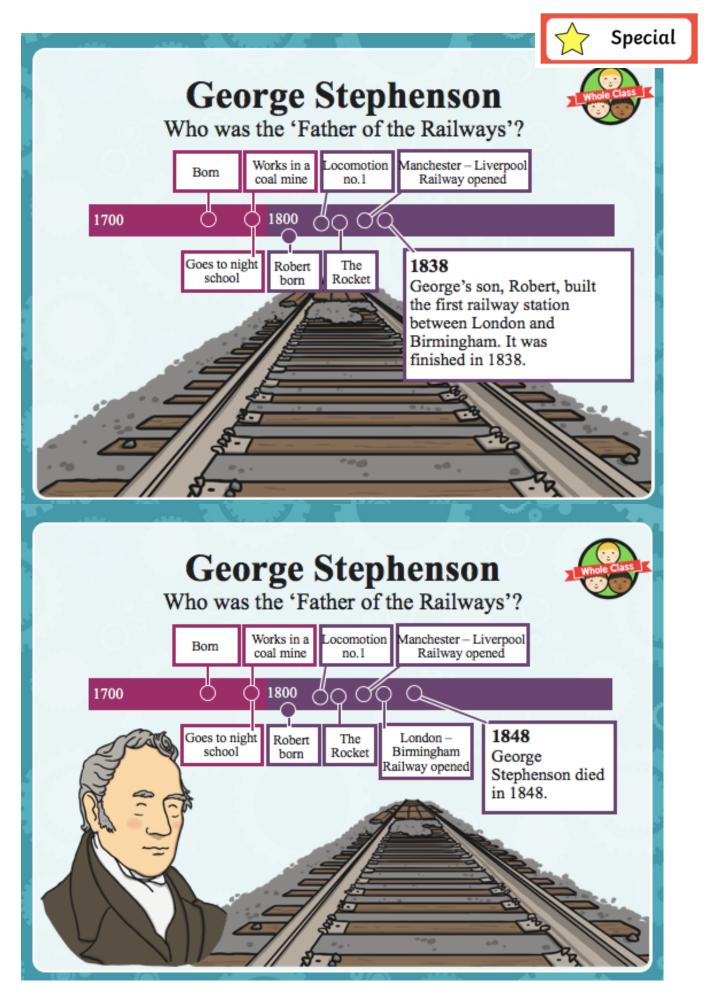


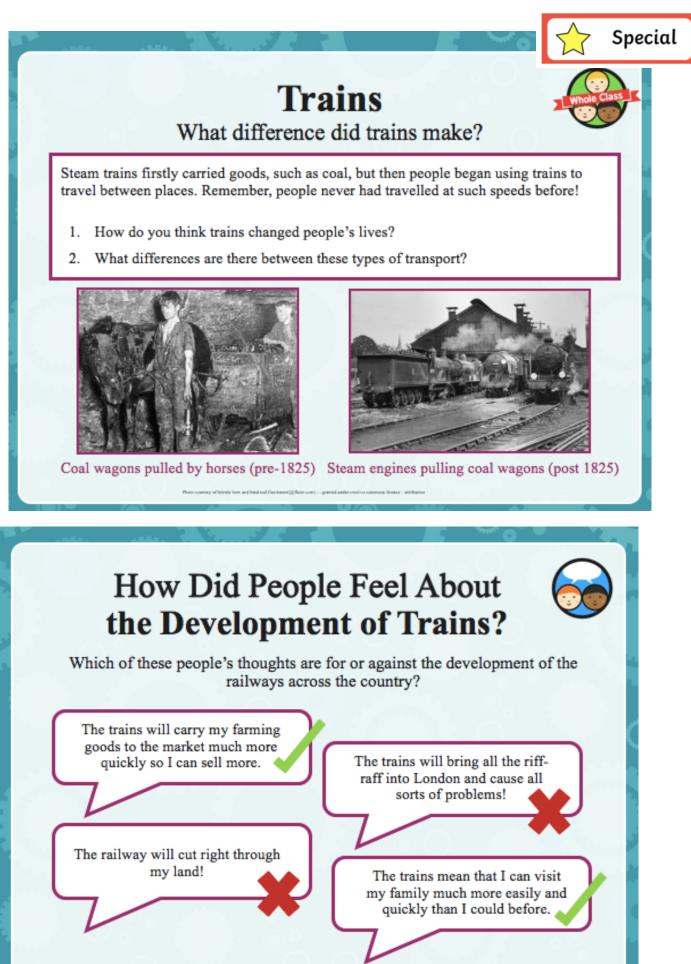


Thursday

Special







Special

My First Steam Train Ride

Imagine you are living in 1830. The railway line from Manchester to Liverpool is about to open and you will be riding on its first steam train!

Let's take a look at some steam trains <u>here</u>.

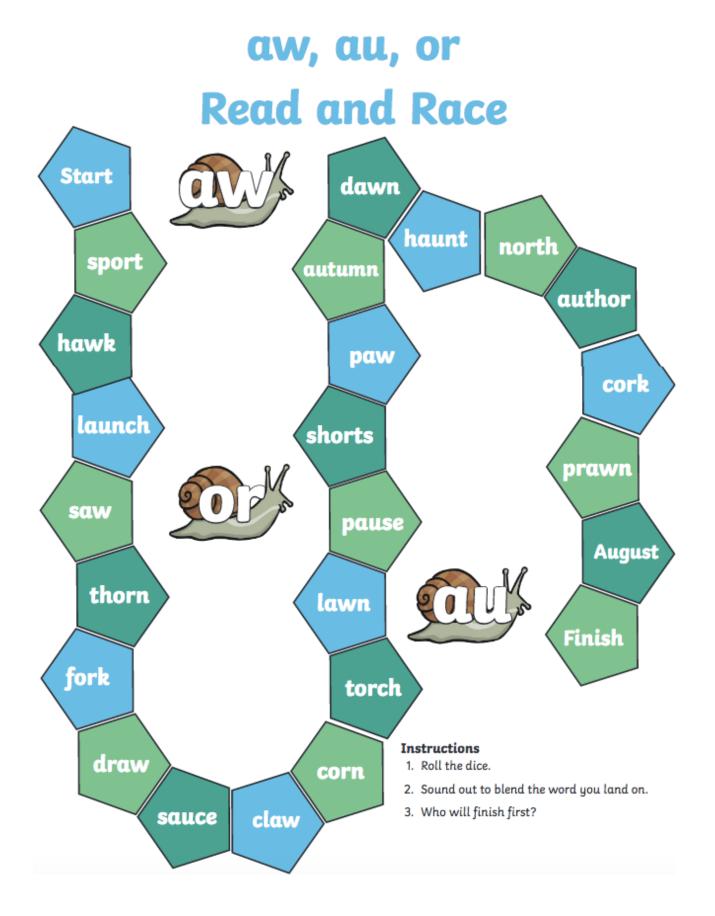
Questions:

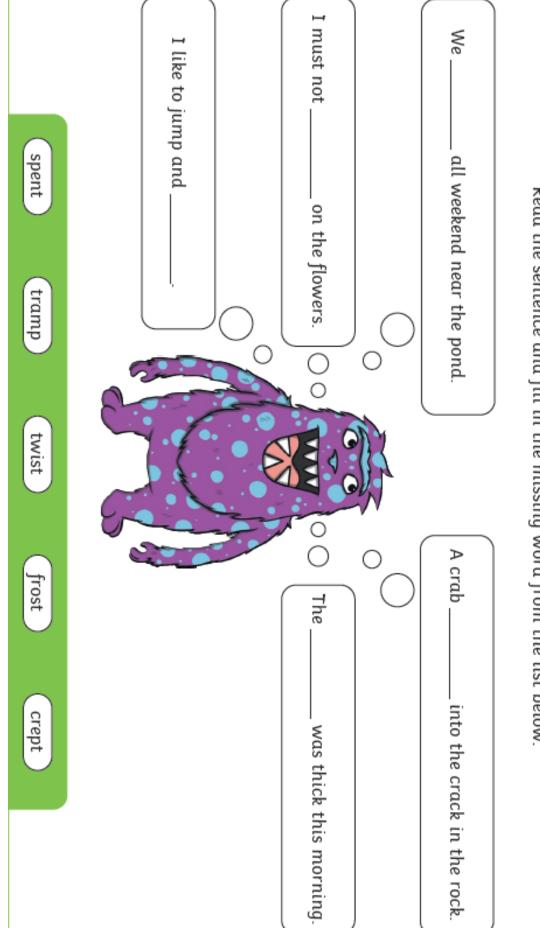
- 1. How would you be feeling?
- What will you see on your journey?



Friday



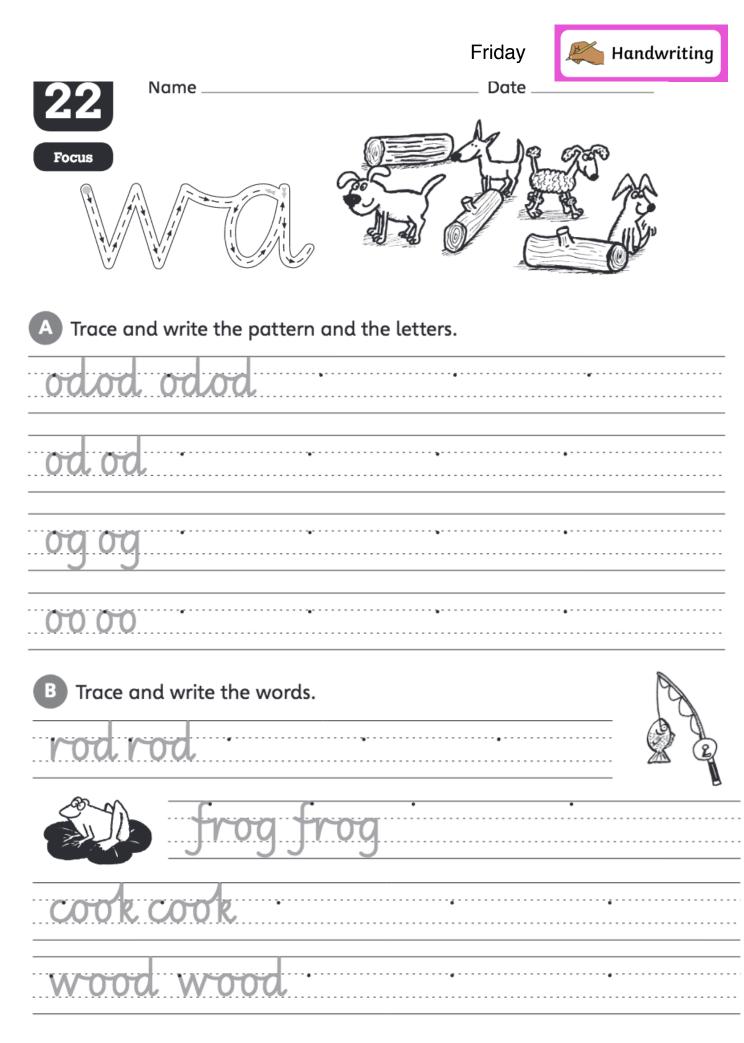




Find the Word

Read the sentence and fill in the missing word from the list below.

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10 ¹¹ 12 1 9 2 8 7 6 5 4	10 ¹¹ 12 1 3 8 7 6 5 4	Miss a turn	$ \begin{array}{c} 10 & 12 & 1 \\ 10 & 12 & 1 \\ 3 & 7 & 2 \\ 3 & 7 & 2 \\ 3 & 7 & 2 \\ 3 & 7 & 2 \\ 3 & 7 & 2 \\ 3 & 3 & 3 \\ \end{array} $	$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	$ \begin{bmatrix} 11 & 12 & 1 \\ 10 & 1 & 2 \\ 9 & 3 \\ 8 & 7 & 6 & 5 \\ & & & 3 \\ & & & 3 \\ & & & & 3 \\ & & & &$	Start
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						9 9 7 6 5 4
Miss a turn	10 ¹¹ 12 ¹ 9 3 8 7 6 5 ⁴	10 10 10 10 10 10 10 12 1 2 3 3 7 6 5 4	$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	10 ¹¹ 12 10 ¹² 1 10 ² 2 3 3 7 6 5 4	$\begin{bmatrix} 10 & 12 & 1 \\ 10 & 12 & 1 \\ 3 & 2 & 3 \\ 3 & 7 & 2 & 3 \\ 3 & 7 & 2 & 5 \\ 4 & 5 & 4 \end{bmatrix}$	$\begin{bmatrix} 10 & 12 & 1 \\ 10 & 12 & 1 \\ 3 & 3 & 3 \\ 8 & 7 & 6 & 5 \\ 8 & 7 & 6 & 5 \end{bmatrix}$
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$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$		Miss a turn	10 10 11 12 1 2 3 7 6 5 4	10 10 10 10 10 12 12 3 3 7 6 5 4		End

Telling the Time Board Game

What time is it?

spaces shown and read aloud board wins! Roll a dice, move the number of the time shown on the clock. The first player to complete the



Friday

Friday



Invention time

Think about your own superhero and superhero pet. What rescue mission might they go on?

You are going to write your own story.

Where were you, what were you doing? Weather?

Suddenly (What is the problem? Who do you have to rescue?)

How did you rescue them?



How did you get home?



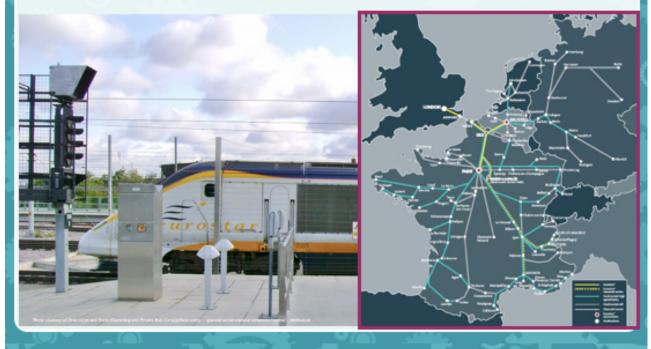
How Did the Railways Change the Way People Live? Rail travel was 50% cheaper than coach travel. • It was also a lot quicker and opened up Britain in a way that coach travel could not do. Seaside fishing villages became popular destinations for day trips as visits to the coast became more common. · Even the poor could afford rail travel as three different classes of travel existed; third class meant travelling in open-topped carriages but the price was affordable. Towns and cities had cheaper food as farmers could get their produce to market quicker and more cheaply. Inland towns could now get fresh fish! Many thousands of miles of rail were built and they transformed Britain. **Modern Trains** Modern trains use electricity from overhead lines to power them.



Modern Trains



In 1994, the Eurostar opened. It is a high-speed train service that connects the United Kingdom and France. The trains run through the Channel tunnel.



Modern Trains



This is a 'bullet' train in Japan. What will future trains look like?

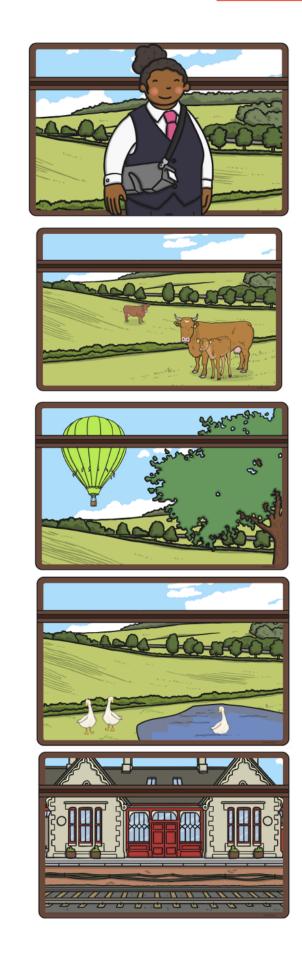


Cut out these pictures and put them in order



The Train Ride





Spare Page



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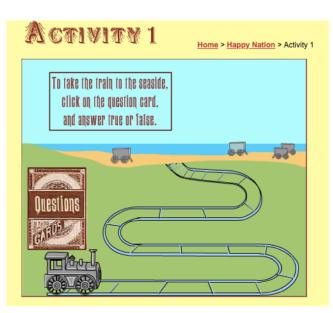


Make a Project about George Stephenson

https://www.theschoolrun.com/homework-help/george-stephenson-andthe-development-of-the-railway

https://youtu.be/XR4OVtjE3JU





https:// www.nationalarchives.gov.uk/ education/victorianbritain/happy/ activity1.htm

Top 10 facts

- Stephenson was one of six children born into a poor mining family in Wylam, Northumberland on 9 June 1781.
- His father, Robert, worked on the engines that were used to pump water from the mines and the young George Stephenson longed to be in charge of these steam-driven engines.
- As a young boy he had a number of jobs before going down the pit to mine coal at the age of ten. At 14 he became an assistant fireman and later worked on the winding machine which pulled the cages of miners up from the pit face.
- George did to know how to read or write until he was 18. He went to night school and taught himself over a three-year period. He wanted to learn as much as possible about engines.
- After George's wife died, leaving him with a young son, Robert, George decided to go to Scotland and study engines. Later Robert helped his father on many projects and became a famous engineer and bridge builder in his own right.
- In 1811 George fixed the broken pump engine at a local flooded mine and impressed the owners. This led to him being promoted and acknowledged as a local expert on engines.
- He persuaded local backers to support his plan for a locomotive engine. In 1814 he built 'Blucher', his first locomotive, which travelled at 4mph whilst pulling a load of 30 tons.
- in 1823 Stephenson opened a locomotive factory in Newcastle. Two years later the first journey of his 'Locomotion No 1' with its carriage 'Experiment' took place. The 'Locomotion' cost £500 to build, could carry 450 passengers and travel at 15mph.
- In 1828 the Railway Board announced a competition to determine which was the best engine. Stephenson's 'Rocket' beat four other entrants on the grounds of weight, speed, power and reliability. The 'Rocket' successfully completed ten laps of the track at Rainhill achieving the dazzling speed of 29 mph on the final lap.
- The Stockton to Darlington line was the world's first passenger railway. The Manchester Liverpool Railway was opened in 1830 and in 1838 the line from Birmingham to London was completed.

Write a Prayer below



Learn to manage your emotions! Grow and shrink emotions!

https://family.gonoodle.com/activities/emotions-grow-and-shrink





spare page

TAKE SOME TIME TO	This week I learned
My favourite act	ivity was
because	
I did really well w	with
l could get bette	r with
To improve, I co	uld try